

RCYSL COVID POSITIVE/QUARANTINE PROTOCOLS (August 30, 2021)¹

RESPONSIBLE ADULT OBLIGATIONS:

- **RESPONSIBLE ADULT MUST KEEP PLAYER(S) AWAY FROM TEAM/FIELD/SOCCER AT FIRST SIGN OF ANY COVID EXPOSURE² OR POSSIBLE SYMPTOMS UNTIL PLAYER(S) HAS COMPLETED QUARANTINE**
- Any Player that does not attend school due to COVID+ or exposure must not attend Team soccer activities, including games and practices
- Responsible Adult for Player(s) MUST contact Coach IMMEDIATELY upon Player symptoms OR COVID positive test
- COVID positive or exposed Player(s) must quarantine, and must not participate with Team
- COVID positive Player(s) may return to Team after 10 days starting from the day of symptom onset OR negative COVID test, and ONLY IF symptom free and no fever for over 24 hours, unmedicated; Responsible Adult must provide Coach a doctor's note indicating they are COVID cleared
- Exposed Player(s) that are not COVID+ may return to Team after following quarantine in "Coach Obligations"; if an Exposed Player(s) become COVID positive during testing period, Player(s) may return to Team after 10 days starting from the day of symptom onset OR negative COVID test, and ONLY IF symptom free and no fever for over 24 hours, unmedicated

COACH OBLIGATIONS:

- Coach must contact Club Manager as soon as possible, stating the Team is implementing COVID+ protocols
- Coach must contact Responsible Adults for Players and any other Coaches of entire team as soon as possible, stating the Team is implementing COVID+ protocols
- Exposed Players/Coaches must quarantine, and may not participate, for at least 6 days from exposure
- Exposed Players/Coaches may resume Team activities, when 1) on the 7th day from exposure ALL exposed Players/Coaches provide a COVID- test taken no earlier than the 5th day from exposure, OR 2) on the 11th day after exposure, as long as all Players returning are symptom-free and no fever for over 24 hours, unmedicated; COVID- tests and/or doctor's note stating COVID clear must be provided to Coach, and Coach must provide to Club Manager

CLUB MANAGER OBLIGATIONS:

- Club must keep a spreadsheet of positive Players, and other Players & Coaches contacted per this COVID Positive/Quarantine Protocol
- Club must provide the spreadsheet to the League immediately upon request
- Players and Coaches affected by this Protocol MUST NOT participate in any Club or soccer activities until the Quarantine is complete
- Club Manager must, as soon as possible, inform RCYSL President, Scheduler, and any affected other Club Manager of games that may need rescheduling

RCYSL may discipline any Player, Coach, and/or Club in violation of this Protocol.

RCYSL notes that local, state and federal guidelines regarding COVID-19 have evolved during the course of the pandemic. Should they change again, this policy should not be read as an attempt to circumvent updated jurisdictional guidance.

¹ Following California Department of Public Health K-12 Guidance '21-'22 School Year as closely as practical, given the differences of outdoor, but possibly unmasked settings with varied vaccinated and unvaccinated age groups; <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>

² "Close contact" is not currently defined in CA for youth recreational sports; soccer was previously defined by CDPH as a "high risk" sport due to likely lack of masks while playing and contact closer than 6 feet (<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx>). Exposure shall mean "any circumstance meeting exposure criteria for CDPH K-12 Schools document referenced above, or participation by a COVID+ or exposed Player at any Team activity within the last 7 days".

RCYSL COVID POSITIVE/QUARANTINE PROTOCOLS

FREQUENTLY ASKED QUESTIONS

- 1. What does exposed or close contact mean?**
 - a. Under the California Department of Public Health, close contact or exposed is defined as: **close contact** (within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period) with someone with suspected or confirmed COVID-19.
- 2. What if my Player was not at the game/practice where possible exposure occurred, do they need to quarantine?**
 - a. No
- 3. As a Coach, what if all my Players were not exposed at a game/practice?**
 - a. If you can honestly say some Players were not within 0-6 feet for 15 minutes or more in a 24-hour period of the player suspected or COVID +, those Players do not need to quarantine. It is the Coach's responsibility as to whether Players and Coaches at a practice or game have been exposed. River City Youth Soccer League officials are not present at all practices or games in order to observe distancing of players.
 - b. The decision is up to the responsible adults of those Players whether they participate in soccer related activities after possible exposure.
 - c. Whether or not you believe Players were exposed, you must contact all Players' responsible adults on your team to notify them of possible exposure.
- 4. As a Coach, if I was exposed and coach two teams, should I participate with my other team?**
 - a. If you believe you were exposed or are COVID+, you should not participate in any soccer related activities with either team.
- 5. As a Coach, if i was exposed and one of my two children is on the same team as me, does my child not on that team have to quarantine?**
 - a. No they do not
- 6. If a Player is modified quarantining due to school exposure can they participate in soccer?**
 - a. Exposed players must follow the quarantine under Coach obligations.
 - i. Exposed-quarantine for 5 days and have negative test taken on or after 5th day, they can return on 7th day.
 - ii. Exposed-quarantine for 10 days without testing can return 11th day.
 - b. If parents receive a letter from school stating a different quarantine/modified quarantine period for Players/Coaches, Team must follow the school directives as they take precedent over RCYSL guidance. Schools may be receiving direction straight from Sacramento or State health departments.
- 7. What if a Player was exposed to a family member who is suspected of COVID+?**
 - a. The Player should not participate and should follow the quarantine guidelines.
 - i. Can return on 7th day if tested on or after the 5th day.
- 8. What if I have two children playing and one was exposed at a practice?**
 - a. If your other child was not exposed in a team setting there is no need to quarantine them. Only quarantine for the exposed child.